



## Health & Safety Protocols

We are excited to welcome students back to the 2022-2023 school year. Our first priority is for students to be safe and in school. With that said, it will be vital for our Watertown-Mayer families to be the first line of support in making sure our students come to school ready to learn. In this document we have provided you with additional information and protocols that support our Safe Learning Plan. Changes to our Health & Safety Protocols and the Safe Learning Plan will be adjusted as necessary as we continue to follow CDC and MDH recommendations.

### WHEN TO STAY HOME

**Students or staff will need to remain at home if they have any of the following:**

- Fever of 100 degrees or more
- New undiagnosed rash
- Vomiting or Diarrhea
- New or worsening cough
- COVID-19 positive
- Awaiting COVID-19 test results due to symptoms

**It is recommended to stay home and test for COVID-19 if you have any of the following symptoms:**

- Fever or Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

#### **If a student or staff are not well at school:**

Students exhibiting any signs of illness listed above during the school day will be assessed by the building nurse to determine if the student should be sent home. Parents will be asked to pick up their students in a timely manner. In addition, students with symptoms consistent with COVID-19 will be asked to wear a disposable mask while in the health office and until picked up by parent or guardian.

**\*\*\*Rapid at home test kits are available upon request for district families. Contact the health office in your student's building for pick-up.\*\*\***

### WHO TO CONTACT

Please notify the attendance line and report if your student will be staying home

OR

if your student tests positive for COVID-19:

- Community Learning Center
  - Community Education/Early Childhood - 952-955-0280
  - Kids Company & Caring Hands Childcare - 952-955-0291
- Elementary School - 952-955-0321
- Middle School - 952-955-0421
- High School - 952-955-0621

## RETURNING TO SCHOOL

Students/staff will be allowed to return to school when they have:

1. Improvement of symptoms AND
2. 24 hour fever free without fever reducing medication (Tylenol, Motrin, Ibuprofen, Acetaminophen) AND
3. 24 hour free from diarrhea/vomiting
4. Alternative diagnosis from a healthcare provider
5. See below for COVID-19 specific guidelines

## COVID-19 SPECIFIC GUIDELINES

Situation	Protocol
Student/Staff <b>tests positive</b> for COVID-19 (regardless of vaccination status)	<p>Individuals who test positive must stay home for at least 5 days from symptom onset (Day 0), or if they are asymptomatic, at least 5 days from the testing date (Day 0). Individuals who have tested positive may return to school after 5 full days at home (return between days 6 - 10) if they follow these expectations:</p> <ul style="list-style-type: none"> <li>○ Wear a well-fitting mask when around others through Day 10. If a face covering can not be worn properly or the individual refuses to wear a face covering, the staff or student must remain in isolation for the entire 10 days or 2 consecutive negative tests 48 hours apart between Day 6 and 10. Day 11 would be the first day back to school without a mask in most cases.</li> <li>○ Fever-free for 24 hours without the use of fever-reducing medication</li> <li>○ Other symptoms have improved</li> <li>○ Individuals with symptoms should continue to isolate for the full 10 days.</li> <li>○ <a href="#">Additional guidance for return to athletics</a></li> </ul>

### Take action if you test positive

**Day 0**



**Everyone:**  
Stay home and away from others (isolate)

**People at high risk for severe illness:**  
Talk to your doctor about treatment

**End Isolation on day 6 or later** if you never had symptoms or if you are fever-free for 24 hours and other symptoms improved.



**Day 11 or later**

**Everyone through day 10:**  
-Wear a mask OR use 2 negative antigen tests to decide when to stop wearing a mask.  
-Avoid people at high risk of getting very sick.

See CDC's isolation guidance for more info: [bit.ly/COVID19Isolation](https://bit.ly/COVID19Isolation)

Known <b>COVID exposure</b> (household/non-household), regardless of vaccination status	<p>May attend school/activities, monitor themselves closely for symptoms. If symptoms present, isolate immediately and get a COVID-19 test.</p> <p>Testing is recommended 5 days after exposure even if no symptoms are present. <a href="#">Testing recommendations can be found here.</a></p>
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