



## Free Webinars co-sponsored with PrairieCare

# YOUR ATTENTION PLEASE

## Demystifying ADHD

Dr. Stein, the current president of the MN Society for Child Adolescent Psychiatry, will present this parent and educator session focused on clarifying common misconceptions regarding ADHD. Known for his engaging and educational sessions Dr. Stein will explore how the diagnosis is made, common misdiagnoses and both pharmacologic and non-pharmacologic treatment. In this fast hour and a half session participants will leave emboldened to support the needs of children with this commonly diagnosed condition.

4192 Online via Zoom

Free

Tuesday, April 13

6:00 - 7:30 PM

# Good Enough Parenting in Pretty Bad Times

Dr. Bohlinger is a well-regarded speaker and trainer on family strengths, resilience, and parenting, especially in the context of profound challenges and struggles. In this talk, she'll discuss the concepts of family resilience, self-compassion, and parenting resources and strategies to support parents in meeting the ordinary developmental needs of their children and families in extraordinary times.

4193 Online via Zoom

Free

Thursday, April 29

6:00 - 7:30 PM



Please reserve your spot  
in the presentations by  
registering online at

**ce4all.org**

You will receive a Zoom  
link a few days prior to  
the event.