



Watertown-Mayer Elementary Breakfast & Lunch Menu

April
2023

Milk choice, fresh vegetables & seasonal fruit offered w/every meal



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| <p>3</p> <p>Pancake on a Stick</p> <p>BBQ Chicken Sandwich</p> <p>Honey Mustard Ham Wrap</p> <p>Kettle Potato Chips</p> <p>Diced Peaches</p> <p>Baby Carrots</p> | <p>4</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Italian Pasta Bake</p> <p>Chef Salad</p> <p>Garlic Toast</p> <p>Diced Pears</p> <p>Green Beans</p> | <p>5</p> <p>Mini Donut</p> <p>Chicken Tacos Mexican Brown Rice</p> <p>Turkey Deli Sub Sandwich</p> <p>Fresh Pineapple</p> <p>Banana</p> <p>Corn & Black Bean Salsa</p> | <p>6</p> <p>Yogurt Parfait with Fruit & Granola</p> <p>Grilled Ham & Cheese Sandwich</p> <p>Tomato Soup</p> <p>Chicken Caesar Salad</p> <p>Whole Grain Dinner Roll</p> | <p>7</p> <p>NO SCHOOL</p> |
| <p>10</p> <p>Breakfast Burrito</p> <p>BBQ Pulled Pork Sandwich</p> <p>Turkey BLT Salad</p> <p>Macaroni & Cheese</p> <p>Diced Peaches</p> <p>Cucumber Ranch Salad</p> | <p>11</p> <p>French Toast Loaf Cheese Stick</p> <p>Beef Hot Dog on a Bun</p> <p>Crispy Chicken Wrap</p> <p>Baked Beans</p> <p>Fresh Pear</p> | <p>12</p> <p>Brekkie Cheese Stick</p> <p>Chicken Fajitas Salsa</p> <p>Sunbutter and Jelly Sandwich</p> <p>Apple Slices</p> <p>Broccoli Salad</p> | <p>13</p> <p>Choice of Cereal Cheese Stick</p> <p>Cheeseburger on a Bun</p> <p>BBQ Rib Sandwich</p> <p>Potato Wedges</p> <p>Spiced Pinto Beans</p> <p>Applesauce</p> | <p>14</p> <p>Strawberry Cream Cheese Filled Bagel Cheese Stick</p> <p>Cheese Pizza</p> <p>Turkey Munchable</p> <p>Roasted Broccoli</p> <p>Diced Pears</p> |
| <p>17</p> <p>Cinnamon Roll</p> <p>Beefy Nachos & Cheese Salsa</p> <p>Chef Salad Dinner Roll</p> <p>Cherry Tomato</p> <p>Diced Peaches</p> | <p>18</p> <p>Chocolate Frosted Long John</p> <p>Pasta with Meat Sauce Garlic Breadstick</p> <p>Chicken Caesar Salad Whole Grain Dinner Roll</p> <p>Fresh Grapes</p> <p>Green Beans</p> | <p>19</p> <p>Breakfast Sandwich</p> <p>Pork Fried Rice</p> <p>Turkey Ranch Wrap</p> <p>Minted Fruit Salad</p> <p>Steamed Corn</p> <p>Mini Rice Krispie Treat</p> | <p>20</p> <p>Mini-Cinnis</p> <p>Chicken & Cheese Quesadilla</p> <p>Beef Taco Salad</p> <p>Refried Beans</p> <p>Cherry Tomato</p> <p>Broccoli Florets</p> | <p>21</p> <p>Mini Eggo Waffles</p> <p>Chicken Alfredo Pizza</p> <p>Sunbutter and Jelly Sandwich</p> <p>Cinnamon Sweet-Apples</p> <p>Fresh Grapes</p> <p>Peas & Carrots</p> |
| <p>24</p> <p>Cinnamon Pop-Tart</p> <p>Hamburger on a Bun</p> <p>Chicken Bacon Ranch Melt</p> <p>Baby Carrots</p> <p>Diced Peaches</p> <p>Banana</p> | <p>25</p> <p>Yogurt Parfait with Fruit & Granola</p> <p>Roast Chicken & Gravy Mashed Potatoes</p> <p>Honey Mustard Ham Wrap</p> <p>Mixed Canned Fruit</p> <p>Roasted Corn</p> | <p>26</p> <p>Brekkie Cheese Stick</p> <p>Tex Mex Bowl</p> <p>Crispy Chicken Salad</p> <p>Fresh Orange</p> <p>Banana</p> <p>Corn & Black Bean Salsa</p> | <p>27</p> <p>Choice of Cereal</p> <p>Orange Chicken Brown Rice</p> <p>Sunbutter and Jelly Sandwich</p> <p>Red Peppers</p> <p>Diced Pears</p> <p>Strawberries</p> | <p>28</p> <p>Vanilla Frosted Long John</p> <p>Cheesy Italian Flatbread</p> <p>Chicken Taco Salad</p> <p>Fresh Pineapple</p> <p>California Blend Vegetable</p> <p>Black Beans</p> |
| | | | | <p>This is for Food 4 Thought</p> |

PRICES

| | |
|-------------------|--------|
| Regular breakfast | \$1.90 |
| Regular lunch | \$3.10 |
| Free/Reduced | \$0.00 |
| Adult meal | \$4.95 |
| Extra Milk | \$0.60 |

EXTRA INFO

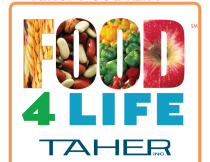
Milk choice of 1% or skim is included with breakfast.
Questions or comments:
Beth Bottenfield, Food Service Director
taher.manager@wm.k12.mn.us
952-955-0619

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHer Food4Life®



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